



pbf easing the impact

Protect yourself and
your family. **Become
a member today.**

Everyday in Australia someone
sustains a permanent spinal
cord injury. **The consequences
are life changing.**

Financial Security • Affordable Protection
24 Hours a day • 7 days a week



About Us

No one expects a spinal cord injury. Yet every day someone, somewhere in Australia, sustains this life changing injury.

PBF Australia is a membership based, not for profit organisation with over 60,000 members Australia-wide. We recognise that the financial, physical and emotional costs of spinal cord injury can be devastating. PBF members are eligible to apply for a **\$250,000 benefit payment** should they sustain a permanent spinal cord injury*. We aim to provide the benefit payment as quickly as possible to help cover many of the immediate costs of injury, including ongoing living, medical and rehabilitation expenses and modifications to house and car.

Becoming a PBF member means you are also supporting those living with spinal cord injury.

Visit pbf.asn.au or call 1800 809 780

Matt's Story

At the age of 21, I was a fully qualified heavy duty mechanic about to travel the world. I was celebrating the end of work at Karijini National Park.

Ignoring a warning sign I proceeded to climb to the top of the waterfall. I was making my way back down the track when my foot slipped and I was sent hurtling over the edge. I became completely paralysed as my spinal cord was severed at C4. Months of hospitalisation and rehabilitation followed.

Fortunately my football club was a corporate member of PBF and the member benefit payment helped get modifications done so I could get home sooner to my family and friends. I cannot emphasise how much this meant.

Tegan's Story

It was Mother's Day. I was 17 years old and I was meant to go and see mum but we decided to go bush bashing with friends first when suddenly everything changed.

My boyfriend and I were in the back of a 4 wheel drive. It was great fun for a while then things just got out of hand. The last thing I remember was my boyfriend yelling at the driver to slow down.

Then I woke up in hospital; I knew things were serious. My parents were really upset, they told me I'd never be able to walk again. When the vehicle hit a bump, I was thrown to the roof, crushing my spine. I'm a C5 quadriplegic.

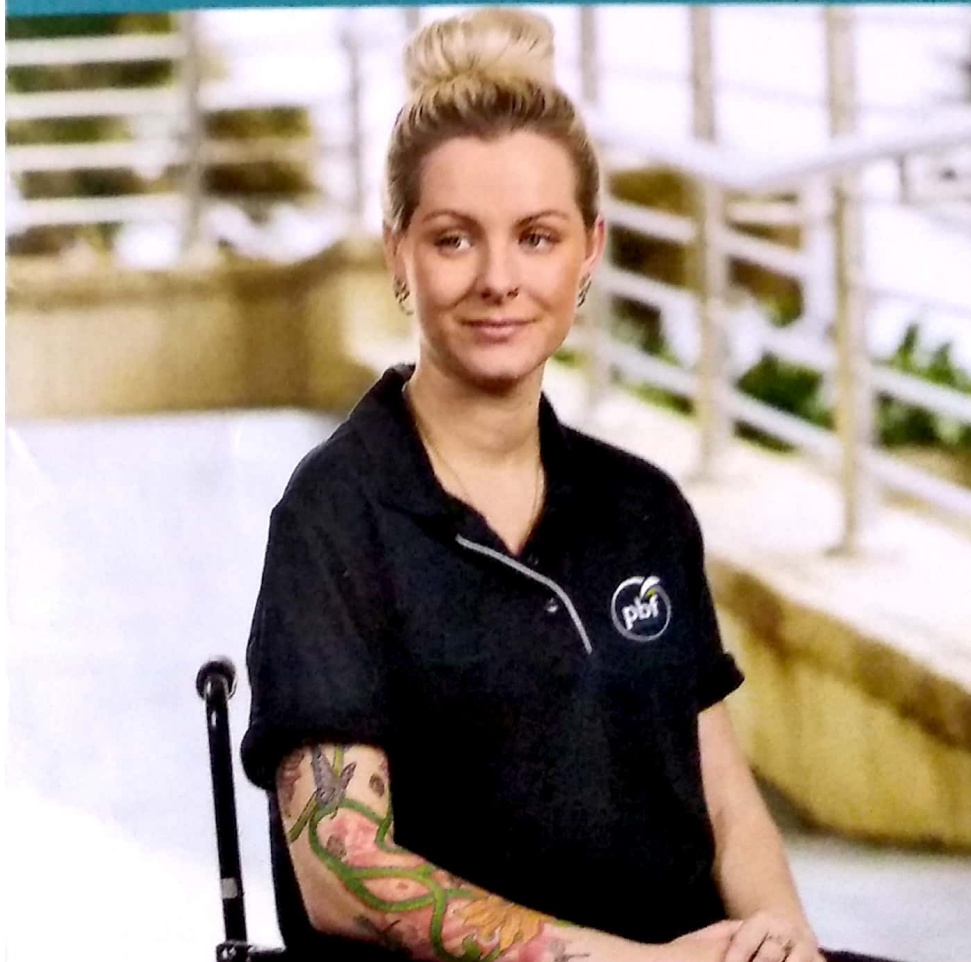
Matt and Tegan now work as PBF presenters sharing their stories as part of our injury prevention programs.

Read more stories online



"Spinal cord injury is debilitating, and the lack of independence is difficult to come to terms with." – Matt

"I've lost friends who just don't know what to say to me. *I think, It's just me. Not me in a wheelchair.*" – Tegan



PBF benefits



Protection

Low cost protection for you and your family

\$250,000 payment should you sustain a permanent spinal cord injury*



Prevention

PBF aims to reduce injuries and deaths on the road, at work, and in the water

PBF presenters, who have sustained a permanent injury, share their stories to raise awareness, promote safety and motivate others



Support

PBF offers Peer Support and Gifting Programs

We provide employment opportunities for those living with spinal cord injuries



Donations

PBF welcomes donations to our Gifting Program
Help us to support those living with a spinal cord injury

To donate please **visit pbf.asn.au**
or call **1800 809 780**

*See our Product Disclosure Statement for full terms and conditions www.pbf.asn.au/corporate-governance/